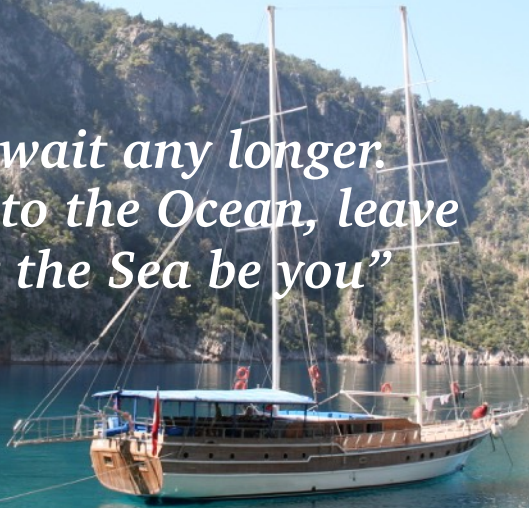


YOGA & FREEDIVE CRUISE TURKEY

21. - 28th of September 2019

*“Don't wait any longer.
Dive into the Ocean, leave
and let the Sea be you”*

- Rumi -



1

Euro 850.-

7 days / 6 nights cruise:

Shared double cabin: 850.- EUR

Single occupancy: 1'200.- EUR

2

Euro 450.-

4 days / 3 nights cruise:

Shared double cabin: 450.- EUR

Single occupancy: 650.- EUR

3

The price includes:

2 Yoga- & 2 Freediving-Sessions per day.

Full board accommodation, linen and towels, service, all taxes and harbour fees.

Airport Transfers

Drinking Water

Drinks, fresh fruit juice and tips are not included.

YOGA & FREEDIVING

On our exclusive cruises, you will cruise from one **freediving spot** to the next while participating in morning and afternoon **yoga sessions** held by an **experienced instructor**. The practice of āsanas (postures) and prānāyāmas (breathing exercises) leads to **tranquillity** and **composure** - the foundation of freediving.

THE INSTRUCTORS

The instructors love Turkey, the Aegean Sea, yoga and freediving.



Kate Beck is the co-founder of **Yoga Cruise Turkey** and leading teacher of **Patanjali Yoga Switzerland**.

Her knowledge and experience in the subject of Yoga are internationally known and sought after.



Oli Busato discovered freediving 10 years ago during a vacation in Greece. This experienced opened a new access to the underwater world and to himself.

He holds a **Level 3 Certificate** (Pelizzari Apnea Academi) and he regularly trains at **Tauchclub Apnoe Bern**.

My Blue Cruise

Seaborn Legend Yacht

48300 Fethiye / Turkey

Mobile: (+90) 537 421 35 69

E-Mail: info@mybluecruise.com

For more details visit one of our

Websites:

www.freedivecruiseturkey.com

www.yogacruiseturkey.com

